

YMCA Camp Hi-Rock

162 East Street
Mt. Washington, MA 01258
413-528-1227
www.camphirock.org



YMCA Camp Hi-Rock is a traditional coed sleep-away camp nestled among more than 1,000 protected acres of forest in the Berkshire Mountains in the southwest corner of Massachusetts with our own private 90 acre lake. The cabins are divided by age and campers can stay for as short as one week or as long as eight. Financial assistance and transportation from southern Connecticut, New York and Boston are available.

While at Hi-Rock, a camper will be able to choose from over 30 program areas including sailing, water skiing, tennis, basketball, digital photo, drama, archery, rocketry, creative crafts, snorkeling, rock climbing, ropes course, canoeing, outdoor living skills, fishing, hiking, dance, nature, gymnastics, windsurfing, kayaking and more! For teens, we offer four-week Leader In Training programs involving community service and trips to other camps.

Our main philosophy at Hi-Rock is that each child is an individual and should be treated as such. Our staff strives to identify those areas in which each child excels and help that child feel good about him or herself. We provide solid role models through sensitive, knowledgeable and professional staff members.

Camp Hi-Rock also offers a family camp session from August 20-26. Our family camp was recognized by Arthur Frommer's *Budget Travel* as one of the 50 Best Family Camps in the United States.

For more information or a free DVD, please call 413-528-1227 or visit us at



www.camphirock.org. Local open houses will be held at the Fairfield, Lakewood-Trumbull, Stratford, Bridgeport, Woodruff (Milford), Hamden-North Haven, New Haven, Valley (Ansonia), Wilton and Soundview YMCAs this spring. Dates will be posted on our website.