

NEXT DIMENSION GYMNASTICS

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Next Dimension Gymnastics is one of the most advanced gymnastics centers in Connecticut. With almost 15,000 spectacular square feet of world-class gymnastics equipment and a regionally and nationally recognized coaching staff with many years of combined coaching experience, Next Dimension Gymnastics will be the center of the gymnastics community for many years to come.

Next Dimension Gymnastics is where happy children build athletic skills and confidence, while the enthusiastic staff encourages self-esteem and skill development. The programs allow children from 18 months through adults to participate in the sport of gymnastics.

A wide range of classes are offered to meet various skill levels. These include an after-school program, pre-school program, summer camp, tumbling classes and adult classes. Next Dimension Gymnastics also offers birthday parties.

The goal of Next Dimension Gymnastics is that each student leaves class with a smile and the belief that they can do it! Everyone gets the best gymnastics instruction available in a safe, fun and positive environment. All classes are geared toward any active child who would like to enjoy sports in one of the largest and newest facilities in Connecticut. The staff encourages the pursuit of excellence in all aspects of gymnastics, recognizing that success is not measured in victories but in the joy of participation.

*Step Into the Next Dimension
of Gymnastics!*